

Special Forces Combat Diving Medical Technician Course

(CDMTC)

ATRRS SCHOOL CODE: 331

Course Code: 011-ASIQ5

Course Duration: 3 Weeks (15 training days)

1. COURSE INFORMATION

a. **PURPOSE.** Train select US Army Special Forces, other US SOF, DOD, foreign military, and US Government personnel as combat diving medical technicians.

b. **SCOPE.** Students are trained in anatomy and physiology of the neurological and cardiopulmonary systems, pharmacology, injuries and syndromes specific to open and closed circuit diving and the marine environment, medical aspects of dive planning, lifesaving, medical evacuation of the injured diver, US Navy dive and treatment tables, hyperbaric chamber operations, helocasting, and a course culmination situational training exercise (STX).

c. **GENERAL.** The Special Forces Underwater Operations (SFUWO) committee conducts the Combat Diver Qualification Course (CDQC), Combat Diving Supervisor Course (CDSC), and Combat Diving Medical Technician Course (CDMTC) and serves as the Army's Subject Matter Experts (SME) in developing special operations under and overwater doctrine and programs of instruction. The SFUWO committee is designated as Company C, 2nd battalion, 1st Special Warfare Training Group (Airborne) located on Fleming Key, Trumbo Point Annex, NAS Key West, Florida. This course has a maximum/optimum class size of 24 and minimum class size of 9.

2. STUDENT PREREQUISITES.

Students must meet the following prerequisites prior to attending CDMTC:

a. **MUST BE:**

- 1) Currently qualified in MOS 68W (health care specialist) and a graduate of the Special Operations Combat Medic Course
- 2) Currently qualified in MOS 18D (Special Forces Medical Sergeant)

b. **MUST SUCCESSFULLY COMPLETE THE FOLLOWING:**

- 1) NET 6 months from the course start date, successfully complete a standard APFT with a score of 60 percent in each event in the individual's age group. Student must pass APFT on day one as a course prerequisite.
- 2) NET 6 months from the course start date, successfully complete an unassisted swim of 300 meters in ACU's using a side or breast stroke. Student must pass 300m swim on day one as a course prerequisite.

c. **MEDICAL:** Meet medical fitness standards IAW AR 40-501 (Standards of Medical Fitness) within 24 months prior to the start date of the scheduled CDMTC (within 5 years of graduation date for CDQC qualified students).

- 1) Must be in compliance with AR 600-9, The Army Weight Control Program body fat standards.
- 2) Ensure that signed DD Forms 2807-1 and 2808 with all lab reports, EKG, and official CXR reads are sent to the SFUWO Diving Medical Officer (DMO) NLT 4 weeks prior to the course start date. Submit all medical waiver requests through SWMG (A) at Fort Bragg, ATTN: Nancy Mosley, comm. (910) 396-7775 x253; email: nancy.mosley@ahqb.soc.mil.
- 3) Direct all medical questions to the SFUWO DMO at comm: (305) 797-2712; (305) 293-4154; e-mail: CDQCmedical@soc.mil.
- 4) Must pass a hyperbaric chamber pressure equalization test (given during the first day of the course) IAW the requirements contained in AR 40-501, Chapter 5, paragraph 5-9w.
- 5) Students are not allowed to self-medicate or treat other students while attending CDMTC. This includes but is not limited

to over-the-counter medications. All medications will be administered by the SFUWO medical staff. Students on prescription medications should include the prescription information to the SFUWO DMO when submitting the physical for review if not already annotated on the physical. During in-processing, students will be required to complete a DA Form 7349 to annotate any change in medical readiness status since the last physical. Future students should review this form prior to travel to ensure they do not have any disqualifying changes.

d. **WAIVERS.** Any variation from the above standards requires a waiver from the Commanding General, USAJFKSWCS NLT 60 days prior to the course start date.

3. STUDENT INFORMATION

a. TRANSPORTATION.

- 1) Travel to and from Key West will be by commercial air or privately owned vehicle (POV). Students may use POV's while attending the course.
- 2) Airline tickets. Parent units will provide students with airline tickets to and from the course location as per TDY travel orders. Flights into Key West limit travelers to one check-in bag with a weight limit of 70 pounds and one carry-on bag. Rental cars are authorized for use during the course and should be authorized in your orders. Otherwise, travel from the airport should be by taxi to "the Army dive school on Trumbo Point." Make sure the taxi is able to get onto base. Students will not be allowed to leave the compound before 1200 on the graduation date. It takes approximately 20 minutes to get to the airport and extra time to turn in rental cars. Students should plan accordingly when scheduling departure flights.
- 3) Bicycles. If preferred, bicycles may be rented for use during the course in lieu of a car. Bicycle rentals should be authorized in your orders. The estimated cost for the bicycle rental is \$212.85 and coordination for rentals should be made prior to traveling to Key West. Students usually rent from Eaton Bikes, (305) 294-8188. Students should inform them that they are attending the "Army dive school."
- 4) Directions to the Special Forces Underwater Operations compound, Fleming Key, Trumbo Point Annex, US Naval Air Station Key West, Florida: Take US 1 Overseas Highway to Key West. Make a right off of US 1/N. Roosevelt Blvd onto Palm Avenue Causeway. Travel over the bridge, make right at first stop light onto Ely St and enter the gate at Trumbo Point Annex, NAS Key West, FL. Make first left onto Chevalier Ave, continue with the road right then left onto Whiting Ave. Make first right onto Fleming Key Rd, pass the trailer park and go over the bridge. Make a right at T-intersection onto Mustin Rd and continue until you reach the SFUWO compound (approximately 1.75 miles). If gate is closed, call staff duty from the box.

b. **REPORTING INSTRUCTIONS.** All students will report through the main entrance of Bldg KW-100 NET 0900 and NLT 2400 on the scheduled reporting date (usually Sunday). Lunch is the first meal provided on this day (1130-1300). Students will not be allowed on the SFUWO compound prior to the reporting date. Students will report to the S-1 NCO in Room 214 with the following:

- 1) Travel orders (DD Form 1610)
- 2) Hard copy of physical (DD Form 2807-1, DD Form 2808, all labs, EKG, and official CXR reads attached)
- 3) Commander's prerequisite validation memorandum
- 4) Copy of flight itinerary

c. **BILLETING AND MESS.** Students will be billeted in the Company C barracks NET the scheduled report date and NLT 1500 the day of graduation. Students arriving and departing from overseas assignments including foreign students as well as any other student

arriving early and not leaving the day of graduation need to make lodging arrangements at the Navy Gateway Inns & Suites (BEQ/BOQ), Trumbo Point Annex, comm: (305) 293-4305/4118 or DSN: 483-4305/4118. Statements of non-availability will not be issued. Mess facilities will be provided at no cost to the students from the lunch meal of the reporting date to the lunch meal of the graduation date.

d. ADDITIONAL INFORMATION.

- 1) The army physical fitness test (APFT) and 300 meter open water swim will be administered at 0500 on the course start date. These are must pass prerequisites for entrance into the course. Units are encouraged to have students travel on the day prior to the course report date to ensure that the student is well rested for the APFT. Students arriving early need to make lodging arrangements detailed in paragraph c. BILLETING AND MESS.
- 2) Grooming. Students are expected to report for class within the standards outlined in AR 670-1 and maintain those standards throughout the course.
- 3) If you travel with your personal computer, wireless internet is available in the student lounge (Bldg KW-500) for use during your leisure time.
- 4) It is imperative that all administrative actions or problems be settled with the student's parent unit prior to the student's departure from his home station.
- 5) The Combat Diving Medical Technician Course can be physically and mentally demanding. It is the responsibility of the student and the student's unit to ensure that proper preparation has been made prior to arrival in Key West.

f. CLOTHING AND EQUIPMENT. Students will need the following items:

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| • Issued desert tan T-shirts (Cotton/No UnderArmour) 3 ea* | • UDT swim trunks with standard OD nametape sewn or last name 1"stenciled on the right front leg (100% cotton or 65/35 Poly/Cotton blend acceptable) 1 pr |
| • ACU's 2 sets | • PT shorts (all black, nylon) 3 ea* |
| • Patrol cap 1 ea | • Sweatshirt (all black or military) 1 ea* |
| • Beret and patches 1 set | • Sweatpants (all black or military) 1 ea* |
| • Boonie hat 1 ea | • Issued wet weather top 1 ea* |
| • Military authorized boots 1 pr | • White socks 4 pr* |
| • Athletic shoes, lace type 1 pr | • PT Belt 1 ea |
| • Neoprene booties or similar type footwear 1 pr | • Approved rigger belt with V-ring for helo operations, black or tan 1ea |
| • Sunglasses, all black 1 ea* | • Waterproof watch 1ea |
| • Personal hygiene items | • Pens/pencils as required |
| • GTC, personal debit card, cash/checks as required | • Notebooks as required |
| | • Basic calculator (no phones) 1 ea |
| | • Teva type sandal 1 pr OPTIONAL |

* Note: All clothing worn during duty hours must be military style. Clothing will be clean and neat in appearance.

g. CONTACT INFORMATION.

- 1) Staff Duty: 305-797-2699

- 2) Physicals and medical issues: comm (305) 797-2712, (305) 293-4154, e-mail: CDQCmedical@soc.mil
- 3) S-1 NCO: comm (305) 293-4150/4155, DSN: 483-4150/4155, e-mail: cannonce@ahqb.soc.mil
- 4) Operations Sergeant: comm (305) 293-4166/4189/4347, e-mail: carlsonc@soc.mil
- 5) Chief Instructor: comm (305) 293-4161, e-mail: dennis.emmons@soc.mil
- 6) LNO: comm (910) 643-6867/6866, e-mail: francisa@ahqb.soc.mil